

Task A (Part One) - My Capabilities: Introduction
Year 10 & PLP
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Project Overview

You need to write or record a brief introduction to yourself for your PLP teacher that will be presented on your digital portfolio.

Learning Objectives

- Know and understand the five capabilities.
- Identify, explore, and develop personal and learning goals, and strategies to achieve them.

The key content you must include is:

- Your family & background
- Recent schooling
- Work &/or volunteering history
- Personal interests
- What and who is important to you
- Future Goals
- Career interests

Requirements (What you'll do!)

- Create a new page on your digital portfolio and name it 'Introduction'.
- Brainstorm/Plan what you can write/say for every point.
- Develop a draft/script that you have proof read to send to the teacher for editing (if needed).
- Type or record your final product.
- Attach or embed the piece into your 'Introduction' page for assessment.

Final Product

- One 'Introduction' page on your Digital Portfolio, which includes either 300-400 written words or 2-3 minute, recorded visual/audio presentation covering the above points in learning objectives.

Grading

- This is part One of TASK A that is worth 25% of your final grade.
- See below for Assessment Design Criteria

Timeline

- Please see your teacher for due date.

ASSESSMENT DESIGN CRITERIA

The assessment design criteria are based on the learning requirements and are used to:

- clarify for the student what he or she needs to learn
- design opportunities for the student to provide evidence of his or her learning at the highest possible level of achievement.

The assessment design criteria consist of specific features that:

- students should demonstrate in their learning
- teachers look for as evidence that students have met the learning requirements.

For this subject, the assessment design criteria are:

- understanding the capabilities
- developing personal and learning goals
- reflecting on learning.

The set of assessments, as a whole, must give students opportunities to demonstrate each of the specific features by the time they complete the subject.

Understanding the Capabilities

The specific feature is as follows:

UC1 Understanding and explaining the five capabilities.

Developing Personal and Learning Goals

The specific features are as follows:

DP1 Identifying and exploring personal and learning goals and developing strategies to achieve them.

DP2 Developing the selected capability or capabilities relevant to achieving their goals.

DP3 Interacting with others to identify and refine personal and learning goals.

Reflecting on Learning

The specific features are as follows:

RL1 Reflecting on personal and learning goals and the effectiveness of strategies to achieve them.

RL2 Reflecting on the development of the selected capability or capabilities, and how this helps to achieve their goals.

INTRODUCTION

Family & Background

My name is XXX XXXX and I live on the edge of XXXXX with my family. Including myself there are four people in my immediate family, the other members are my parents XXXXX (Age: 43) and XXXXXXXX (Age: 43) and my sister XXXXXXXX (Age: 17) who is in year 12 and recently got her Learner's Driver License. I also have a lot of pets that I consider to be a part of my family; they are my dog (XXX), my birds (XX, XXXX and XXX), my cat (XXXX) and my sister's cat (XXXX). My grandparents on my father's side live close by and often come up on the weekends to see us, unfortunately my other grandparents live much further away and I only see them 2 or 3 times a year.

Recent Schooling

I spent my Primary School life in five different schools; four were in different parts of Adelaide, South Australia (SA) the other was in Sydney, New South Wales (NSW). The most recent was XXXXX Primary School and although I enjoyed my time there I much prefer the subjects, facilities and my social group at XXXXX High. This year my subjects include Art/Craft, Food trends, all the compulsory subjects for year 10 and a year 11 VET course called Gourmet Foods which I applied for last year and was lucky enough to be accepted into.

Work or Volunteering History

So far I don't have any work experience other than doing odd jobs around home, but I have done a fair bit of volunteering. I have volunteered for the 40 hr famine, XHS Production, XPS Choir (twice) and I have also volunteered to face paint at Farm Day for three years now and I intend to do it again this year because it's a lot of fun and I like seeing the little kids smile.

Personal Interests

I enjoy a wide range of things including music, art, sports, books, travelling, watching anime (Japanese animation) and many more. I won't go into detail with all of them because it would take far too long, instead I'll only tell you about a couple of the ones listed above. Art has always been my favourite subject and recently I've been into drawing manga skins and characters, it's a style of Japanese graphic novel. Every chance I get I'll be drawing; no piece of paper is safe from me when I have a pencil!

My favourite sports would have to be volleyball, badminton, ice skating, horse riding and swimming. When I play sports I like to go all out and challenge myself, for example; when I ice skate with friends and family at the Ice Arena down in Adelaide I was never satisfied going round and round in circles, so I would watch the professional skaters and imitate them. I fell over a lot at first but now I can do crossover turns, spins and skate backwards. '

I also enjoy listening to music on my MP3 player touch, singing and playing the piano. I can play a variety of different songs on my piano including, My Heart Will Go On, Autumn Glow and many others. At the moment I am attempting to teach myself a beautiful piano piece called Musician, which I heard recently in an anime I watched.

Who & What Is Important To Me

I have many things that are important to me, but the most important of all is my family and my friends, which I consider an extension of my family. This is because unlike an MP3 player or other such objects, no one person is exactly the same as another meaning they can't be replaced.

Future & Career Interests

At the moment I don't have any set goals for the future, concerning a job occupation, but am hoping that with the help of my teachers I shall be closer to having a clearer idea of what I would like to do/be by the end of the year. I shall be relying a lot on the Personal Learning Plan (PLP) to help me.